



## Spa Services Menu

*"Put your body in the hands of our spa personnel and let your mind roam free!"*

—Jill Gilmour, Owner and designer of Breeze @ The Wakaya Club & Spa, Fiji Islands.



### **Breeze Spa Retreats      180 minutes - \$560.00**

We invite you to take advantage of our couple's spa, "Breeze" which has two beautiful massage/treatment rooms, a body-temperature-salt-water serenity pool and lanai. Breeze is available for bookings of up to three hours duration, for the two of you. You may choose from a wide array of treatments for up to two hours duration, then for an optional third hour, enjoy refreshments and a light meal by the pool and immerse yourselves in the magical ambience of "Breeze Spa".

Please contact Reception either by the intercom in your living room, or in person, to schedule your choice of treatments from the "Spa Services Menu". Your meal and beverage choices should be made with our personnel at The Palm Grove Bar, approximately 15 minutes prior to the commencement of your

treatments. A Spa Therapist will then escort you over the bridge to Breeze, where Nirvana awaits you!

#### **Retreat times:**

8.00am - 11.00am

Includes breakfast or morning tea.

11.30am - 2.30pm

Includes lunch from our Breeze Dining Menu, with your choice of beverage

3.00pm - 6.00pm

Includes Taittinger "Champagne Reflections," juices or choice of herbal or regular teas.

6.30pm - 9.30pm

Includes dinner from either our Breeze Dining Menu or from The Palm Grove Menu, with your choice of beverage.



## For the Body

**Wakaya East-Meets-West Massage**      80 mins - \$185  
50 mins - \$135

Wakaya's signature massage is a de-stressing combination of therapies from around the globe. We offer East meets West massage in your *bure*, should you wish to remain in your accommodation.

**Four Hand Massage**      50mins - \$245

Two are better than one! Enjoy the wonders of two of our Therapists working on you in tandem, to restore your sense of well-being.

**Hot Stone Massage**      80 mins - \$185

Warmed stones are strategically placed on the body and combined with a nourishing exotic massage oil to release tension, restore balance and increase positive energy flow. The stones relax tense muscles, increase circulation and restore your sense of well-being.

**Paradise Sugar Glow**      50mins - \$135

Milk from the coconut is combined with exotic tropical dilo nut lotion and massaged into the skin, followed by exfoliation, using pure cane sugar to give you that healthy glow.

**Dilo Rescue Wrap**      50mins - \$135

Instantly soothes, moisturizes and replenishes irritated skin affected by sunburn, dehydration from jet travel, insect bites, rashes or shaving. A blend of cold-pressed dilo and virgin coconut oils with the added benefits of aloe vera and passionflower extract, to promote healing and revitalize your skin, followed by a calming and nourishing dilo rescue butter massage.

**Tropical Mango Wrap**      50mins - \$135

Hydrates your skin and detoxifies your system. Your body is gently dry brushed, applied with mango body butter and then wrapped to maximize the effects of these natural products. A mini cold stone facial will promote that healthful glow.

**Water Shiatsu**      50mins - \$135

This is Wakaya's own unique style of aquatic therapy. Our Therapist uses a combination of yoga and traditional Asian massage while you float effortlessly in our body-temperature, salt water serenity pool, as you listen to underwater music. Please note: you will need to bring along your swimsuit for this session and we suggest this treatment at least one and half hours after eating.

## For the Face

### Tropical Renewal Facial 80mins - \$185

Perfect for women as well as men. From the tropical isles of Fiji, an ancient blend of drift nut oils and powerful plant actives meet the latest in dermatological revelations to produce a phenomenal targeted facial care solution. Botanical blends and peptides, cold pressed oils and deep sea algae nourish and encourage cellular renewal, increase hydration and cellular water flow to improve skin tone.

## For the Hands

### Tropical Paradise Manicure 50 mins - \$70

This treatment starts with a relaxing coconut milk bath for your hands, followed by a sugar rub exfoliation - with a naturally occurring alpha-hydroxy found in pure cane sugar - infused with essential oils, enzymes and coconut oil. A warm body butter wrap for your hands will deliver moisture and revive the skin of your hands. The nails are then prepared to receive your choice of nail colour.

(Please note: We are not able to provide manicures for acrylic nails)

## For the Feet

### Tropical Paradise Pedicure 50 mins - \$95

This treatment starts with a relaxing coconut milk bath for your feet, followed by a sugar rub exfoliation — a naturally occurring alpha hydroxy found in pure cane sugar-infused with essentials oils, enzymes and coconut oil. A warm body butter wrap for your feet will deliver moisture and revive the skin of your feet. The toe nails are then prepared to receive your choice of nail colour.

### Combination Foot Reflexology and Lower Leg Massage 80 mins - \$185

Commences with a relaxing foot-bathing ritual, then our expert Therapist will massage your calves and then work on the pressure points of the feet to release tension and restore your vitality.

Receive all the benefits of a total body massage without impacting your hair (or makeup).

For your information, Manicures, Pedicures and Foot Reflexology are also offered on the terrace of “Rumu Lagilagi” while you relax on a chaise longue. In addition to the Breeze Spa Retreats, we offer individual treatments in “Vunivuni”.

## Pampered in Paradise

All of our therapies are preceded by a relaxing tropical foot-bathing ritual. The Wakaya Club & Spa utilizes luxurious Pure Fiji products for all of our spa treatments, and our nail polish is formaldehyde free.

## General Information

All spa treatments should be reserved at Reception, either in person or by the intercom in your living room. We request that the shoes you wear to your appointment be removed at the entrance. Sarongs and slippers are provided; however feel free to arrive for your treatment wearing the robe from your *bure*, if you wish.

### Tax

Please note that a 12.5% Fijian Government VAT (Value Added Tax) and a 5% Fijian Government Hotel Turnover Tax is applied to all rates.

### Spa Services Hours of Operation

Every day of the year 8.00am - 9.30pm

### Cancellation Policy

All services are reserved especially for you, and to avoid a full charge, we require 24 hours advance notice to cancel or reschedule an appointment.

### Gratuities

Therapist's gratuities are not expected at the time of your treatment, however your appreciation may be shown by contributing to The Wakaya Club & Spa Christmas Fund at the end of your stay. This is a fund distributed pro-rata twice annually to The Wakaya Club & Spa staff.

### Website

[www.wakaya.com](http://www.wakaya.com)

### Toll Free Reservations

USA & Canada: 1-800-828-FIJI (3454)

Australia: 1-800-126-205

New Zealand: 0-800-440-454

United Kingdom: 0-800-968-986

### Mailing Address

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THE WAKAYA CLUB & SPA

"Where those who have it all go to get away from it all."